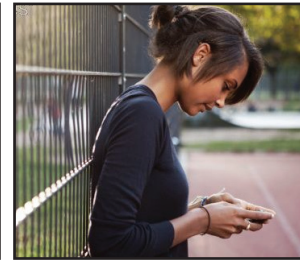


blossom project



Blossomproject is now taking referrals for 2011.

Blossomproject is a program specifically designed for young women aged 16-25 who experience anxiety and depression.

“It is estimated that 30% of girls aged 16-24 have experienced a mental illness within the past 12 months, with anxiety and depression being the most common.”

Blossomproject is a program designed to empower young women with anxiety and depression, by helping them to build skills, resilience, confidence and gain independence. It aims to ensure, they make the most of their unlimited potential.

Start time: Thursday 3rd February between 4pm & 7pm.

Venue: 3 Stanley Avenue, Cheltenham.

Referrals: To make a referral or find out more about this exciting project, please call or email us at:

blossomproject@lantern.org.au

Or phone: 9093 5988 to talk to Janet Bromley

Check out our website for more information

www.lantern.org.au

* Blossomproject is an initiative of Lantern. Lantern is a community based not-for-profit organisation which provides quality services, information and support to people affected by mental illness; be they users, carers, friends, family and the community.