

YOUTH SPECIFIC PROGRAMS

TERM 1/ 2010

AGENCY NAME: Kingston Youth Services

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Bayside Kingston Youth Network (BKYN)	Ongoing	Meets bi-monthly  Thurs 18 <sup>th</sup> Feb	A network of youth service providers in Kingston & Bayside who meet on a bi-monthly basis.	Youth Service providers	FREE	Suzanne Bray Ph: 1300 369 436
FUSE Productions Freeza Committee	Ongoing	4.30 - 5.45pm Tuesdays Weekly	A group of young people who gain practical, hands on experience in the live music/event management fields by coordinating all ages live music & cultural events in the local area.	12-25 years	Committee FREE Gigs vary \$	Richard Euston or Lauren Ward Ph: 1300 369 436
KYSS (Kingston Youth Services Supplement)	Ongoing	6 – 7pm Tuesday Fortnightly	KYSS Magazine (Kingston Youth Services Supplement) is a youth magazine for the City of Kingston written, edited and designed by young people for young people. Thanks to a dedicated committee and our talented contributors, the magazine is published and distributed to schools, libraries and shops in the Kingston area.	12-25 years	FREE	Stacey Soulakellis Ph: 1300 369 436
Maternal and Child Health Nurse	Starting in Feb	Tuesdays 2.30-4.30pm	Assistance with children 0-6 years with support, information and advice regarding parenting, child health and development, child behaviour, maternal health and well-being, child safety, immunisation, breastfeeding, nutrition and family planning. The MCH nurse has qualifications in general nursing, midwifery and family and child health and has the knowledge and experience to deal with family health issues and concerns. She can also link families to specialist services as required.	Young people under 25 years with children 0-6years	FREE	Kingston Youth Services Ph: 1300 369 436

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The Club of Book Clubbing	TBA	4 <sup>th</sup> Thursday of the month <b>Venue:</b> <b>Cheltenham Library</b> 12 Stanley Ave, Cheltenham	The Club of Book Clubbing is a club for young people to come together on a monthly basis to discuss books, cinema and music. The club is for young people who are interested to meet other young people and are interested in sharing ideas with their peers. The club is facilitated by young people who are members of the City of Kingston's Youth Consultative Committee. Bring along your favourite book to discuss (any genre allowed). Food, drink and beanbags will be provided.	12-18 year olds	FREE	Suzanne Bray Ph: 1300 369 436 Or Kingston Library Services Ph: 1300 135 668
QIK (Queer in Kingston)	Ongoing	TBA	Provides a safe and confidential environment where GLBTIQ young people can talk, gain information and support, share experiences, make new friends and have fun.	14-23 year olds	FREE	Lauren Ward 1300 369 436.
Kingston Youth Festival	10 <sup>th</sup> April – 8 <sup>th</sup> May		<p><b>Skate of Mind</b> Kicking off the Kingston Youth Festival, this event hosted by Chelsea Community Renewal in partnership with Kingston Youth Services and a range of local services will showcase local live bands whilst young people battle it out in the Skate, BMX, Blading and Scooter competitions. Riding on the back of last year's success, this event promises to be a highlight with great prizes, food, giveaways, crazy rides, temporary tats and much more. <b>DATE:</b> Saturday 10th April <b>TIME:</b> 10.30AM – 5.30PM <b>LOCATION:</b> Chelsea Skate Park, Bicentennial Park (Cnr Thames Promenade and Scotch Pde, Chelsea) <b>CONTACT:</b> Chelsea Community Renewal – 9581 4956 or <a href="mailto:Chelsea.communityrenewal@kingston.vic.gov.au">Chelsea.communityrenewal@kingston.vic.gov.au</a></p> <p><b>Ink About It – Writing Competition</b> Entries must be G rated. For entry guidelines and picture please see downloads section of the website (<a href="http://www.kyfs.org.au">www.kyfs.org.au</a>). You can also see the picture by visiting Cheltenham Library. Entries Close March 26th 2010. There will be great prizes up for grabs!!! Winning entries</p>			

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			<p>will also get published in our KYSS Magazine.</p> <p><b>CATEGORIES</b>                      - Short Story                      - Poetry/Song lyrics</p> <p><b>AGE RANGES</b>                      12-15 yrs &amp; 16-18 yrs</p> <p>There will be an awards ceremony on the 14th April 2010 at Cheltenham Library from 6.30 - 7pm.                      For more information contact Lauren at Kingston Youth Service on 1300 369 436 or Text 0437 750 567 or email <a href="mailto:lauren.ward@kingston.vic.gov.au">lauren.ward@kingston.vic.gov.au</a></p> <p><b>Kind 2 Mind</b>                      Kind 2 Mind is a two day mental health expo which aims to engage the community about this important health issue in a positive and proactive way. There will be a youth specific day aimed at year 8 and 9 secondary school students. The youth day has been scheduled for Friday 16th April 2010 and will consist of a morning of activities and discussions at Kingston City Hall in Moorabbin.                      For more information contact Suzanne Bray at Kingston Youth Services on 1300 369 436.</p> <p><b>Walk the Plank Pool Party</b>                      Come and check out our Pool Party at Waves Leisure Centre on Saturday 17th April.                      For more information contact Richard Euston or Stacey Soulakellis at Kingston Youth Services on 1300 369 436.</p> <p><b>Zone 2 Underage Dance Party</b>                      Come and check out Zone 2 on Friday 23rd April at Westall Secondary College. There will be a DJ, dancing and performances on the night.                      For more information contact Lina Cummins or Lauren Ward at Kingston Youth Services on 1300 369 436.</p>			

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
			<p><b>Lil' Flicks Short Film Festival</b>                      Lil Flicks is a competition for young people aged 12-25 who live, work or study in Kingston. Films must be 2-7 minutes in length and G rated. Individual or group film submissions will be accepted and entry is FREE. Film entries will be screened and judged at the Kingston Arts Centre on Saturday May 1, with excellent prizes including two short film making courses from Victorian College of the Arts and OPEN CHANNEL. Download an entry form from the KYF 2010 folder in the Downloads section of the website (<a href="http://www.kyfs.org.au">www.kyfs.org.au</a>). For more information contact Lauren Ward or Stacey Soulakellis at Kingston Youth Services on 1300 369 436.</p> <p><b>Junior Mayor</b>                      Our 2010 Junior Mayor will be elected on Thursday 6th May. As part of the election process, one nominated pupil from each primary school will make a two-minute speech and the remaining students will vote for the best presentation. For more information contact Suzanne Bray at Kingston Youth Services on 1300 369 436.</p> <p><b>May Day</b>                      The FReeZa crew will be holding an event during Youth Festival. The event will be on Friday 7th May. For more information contact Richard Euston or Lauren Ward at Kingston Youth Services on 1300 369 436.</p>			

AGENCY NAME: Bayside City Council's Youth Services

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
<b>Popcorn Productions FReeZA Committee</b>	Term 1	Wednesdays 4pm to 5.30pm	Committee helps plan, organise, deliver and evaluate music and cultural events and activities in the Bayside area.	Young people aged from 12 to 25 years old	<b>Free</b>	Fran 9599 4622  youth_services@bayside.vic.gov.au
<b>Youth Advisory Group (YAG)</b>	Various	Once a month on Thursdays 5.30pm-7.30pm	Youth Advisory Group provides advice to Council on youth issues.	Young people aged from 10 to 25 years old	<b>Free</b>	Libby 9599 4622  youth_services@bayside.vic.gov.au
<b>Depression and/or Anxiety Support Group</b>	Term 1	Thursdays 6.30pm to 8.30pm	FREE support group for young people that provides ongoing support through meeting and talking with others with similar experiences.	Young people over 16 years old who experience symptoms of or are diagnosed with depression and / or anxiety	<b>Free</b>	Wendy 9599 4622  youth_services@bayside.vic.gov.au
<b><i>X-Treme Teen holiday program</i></b>	School holidays	As per program flyer	Excursions and in-house activities for young people aged between 10 and 17 years old.	Young people aged from 10 to 17 years old	<b>various</b>	Youth Services 9599 4622  youth_services@bayside.vic.gov.au
<b>Art Splash</b>	Term 1	Mondays 4pm to 5.30pm	All abilities art space.	Young people aged from 10 to 25 years old All abilities	<b>Free</b>	Fran 9599 4622  youth_services@bayside.vic.gov.au
<b>Playtime Buddies</b>	Term 1	Tuesdays 2pm-3.30pm	A program for mums or expectant mums under 25-years-old and looking to make new friends and have fun.	Young mums up to 25 years old	<b>Free</b>	Kelly 9599 4622

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
<i>Drop in</i>	Term 4	Mondays, Tuesdays and Thursdays 2.30pm – 5pm	Art supplies, sport and recreation facilities, kitchen open with snacks. Pool and tennis table. Nintendo Wii.	Young people aged from 10 to 25 years old	Free	youth_services@bayside.vic.gov.au 9599 4622 <a href="mailto:youth_services@bayside.vic.gov.au">youth_services@bayside.vic.gov.au</a>
<i>National Youth Week</i>	Term 1	10 <sup>th</sup> to 18 <sup>th</sup> April	On Wednesday 14 <sup>th</sup> April we are holding an awards evening with local performers and awarding certificates to young people. See the website for nomination forms.		Free	9599 4622 youth_services@bayside.vic.gov.au
St Kilda festival	Term 1	Sunday 14th February	From 10am-6pm onwards come see awesome bands playing live on the Freeza stage in St Kilda.	Adults	Free	Fran 9599 4622 <a href="mailto:youth_services@bayside.vic.gov.au">youth_services@bayside.vic.gov.au</a>
<b>Peer Leadership training</b>	Term 1		Training for secondary school students to become peer leaders.	Secondary school students	Free	Youth Services 9599 4622 <a href="mailto:youth_services@bayside.vic.gov.au">youth_services@bayside.vic.gov.au</a>
<b>Elsternwick Estate</b>	Term 1	Every 2 <sup>nd</sup> Thursday 4-5pm	Games and activities will be available for young people aged 10 to 17 years old	Young people aged 10 to 17 years	Free	Youth Services 9599 4622 <a href="mailto:youth_services@bayside.vic.gov.au">youth_services@bayside.vic.gov.au</a>
<b>National Youth Week committee</b>	Term 1	Mondays 4-530pm Feb - April	The national Youth Week committee will help plan events during National Youth Week in April 2010.	Young people aged 10 to 17 years	Free	Youth Services 9599 4622 <a href="mailto:youth_services@bayside.vic.gov.au">youth_services@bayside.vic.gov.au</a>

AGENCY NAME: Careermap

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
<b>Careermap</b> (Careers consultancy services)	By arrangement	By arrangement.	Career Counselling and a range of vocational guidance tools and vocational testing measures are available. The choice of services is dependant upon the needs of the client.	Year 10 to Year 12	Cost is dependent on services requested	Joan Perrone Careers Consultant <i>Careermap</i> 0414 633 124 jperrone@careermap.net.au

AGENCY NAME: Central Bayside Community Health Services

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Community and School -based <b>Youth Outreach Service</b>	As negotiated	(days & times negotiable, depending on expressions of interest and need)	<p>School and Community-based alcohol and other drugs service aimed at prevention and early intervention which can be tailored to meet the diverse needs of young people, including secondary school students &amp; staff.</p> <p>What we offer: An experienced Drug and Alcohol Psychologist can come in and talk to staff about emerging trends and underlying issues related to youth binge drinking and illicit substance use, in addition to ways of identifying young people at risk and referring to available support services.</p> <p>In addition, a Youth Outreach worker is available to conduct follow up sessions with individual students or groups of young people and offer assessment, support, treatment and referral to young people experiencing issues related to alcohol or other drugs.</p>	General Community, Staff and/or students at Secondary Schools,	FREE	Martha Brzywczy Ph: (03) 85870287 Mob: 0418 556 950 Email: <a href="mailto:mbrzywczy@cbchs.org.au">mbrzywczy@cbchs.org.au</a>
Sexuality Education in Primary and Secondary schools	Ongoing	By arrangement	Support for the delivery of sexual health programs to primary and secondary schools in the City of Kingston	11-18 yrs	TBA	Lucille Crisp 85870200 <a href="mailto:lcrisp@cbchs.org.au">lcrisp@cbchs.org.au</a> Cathy Halmarick 97819333 <a href="mailto:chalmaricl@cbchs.org.au">chalmaricl@cbchs.org.au</a>
Sexual and Reproductive Health Service	Ongoing	Every Thurs and alternate Mon afternoons	Female medical practitioner and nurses especially trained in sexual and reproductive health. Youth friendly environment. Clinics in Parkdale and Chelsea. Low cost contraception available	Young people under 25	Bulk billing for doctor	Lucille Crisp Cathy Halmarick Parkdale Clinic- 85870200 Chelsea Clinic- 97819333

AGENCY NAME: Centre for Multicultural Youth (CMY)

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Learning Beyond the Bell	Ongoing throughout the year	Various	<p>Learning Beyond the Bell (LBB) is a program that assists organisations and schools to establish and maintain their Out of School Hours Learning Support Programs (OSHLSPs). LBB is funded through the Department of Education and Early Childhood Development (DEECD).</p> <p>Out of School Hours Learning Support Programs (sometimes know as homework clubs) can teach literacy or numeracy, build confidence and self esteem, provide study resources and improve attitudes to learning.</p> <p>These programs could be especially beneficial for young people:</p> <ul style="list-style-type: none"> <li>• who are new English language learners (applicable to some young people from refugee and migrant backgrounds)</li> <li>• who may be disadvantaged by disrupted education</li> <li>• who may have inadequate support for completing work at home i.e. limited adult assistance, lack of access to a computer and other resources, unsuitable study space environment etc</li> </ul>	Existing homework clubs; agencies and schools looking to start up a homework club.	No cost	<p>Placid Jayasuriya Regional Officer (Southern &amp; Eastern Regions)</p> <p>Learning Beyond the Bell Program Centre for Multicultural Youth (CMY)</p> <p>C/- Y-Stop 39a Clow Street Dandenong VIC 3175 T: (03) 9771 6648 M: 0421 667 873 F: (03) 9793 2166 E: LBBSouthEast@cmy.net.au <a href="http://www.cmy.net.au/LearningBeyondtheBell">http://www.cmy.net.au/LearningBeyondtheBell</a></p>

AGENCY NAME: Counselling for teens &amp; co

<b>Program Name</b>	<b>Program Dates</b>	<b>Times Days Occurrence</b>	<b>Details</b>	<b>Target Group</b>	<b>Cost</b>	<b>Contact Details</b>
Counselling for teens and co	All year	Business hrs, after hrs and weekends	After hrs counselling and support for young people around self esteem, bullying, body image, suicidal ideation and all barriers affecting education and personal life. One on one intense support	Young people up until the age of 25	First session free, \$90 p/hr	Connie 0403011465

AGENCY NAME: Creating Connections St Kilda Youth Services

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Creating Connections Jump Start Program	Jump Start #1 1/3/2008	8 Week Program Monday and Tuesday 10 – 3pm	Jump Start is an integrated education program which creates pathways for at risk young people into education, employment and training through the delivery of vocational preparation, certified entry level hospitality training and practical assistance and brokerage to help young people prepare and sit for their learners or probationary licences.	<b>Eligibility Criteria:</b> <ul style="list-style-type: none"> <li>• Not in school, jobs or training</li> <li>• Homeless or at risk of becoming homeless</li> <li>• From a disadvantaged background and requiring support to access, participate or sustain employment, education and training</li> <li>• Leaving Care or Youth Justice clients</li> <li>• Referring Support workers/Case Managers need to assist their client in applying for personal identification.</li> <li>• The participant must be willing to commit to an 8 week program.</li> </ul>	Free with Health Care Card	Sharni MacDonald St.Kilda Youth Services 9534 3685

AGENCY NAME: Direction Exploring

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Striving to Success – the first steps	Term 1, 2010	On negotiation with school/organisation	This workshop will focus on helping students understand the two key first steps students need to take to explore their pathway and achieve a sense of success: <b>Who are YOU and what is important to YOU?</b>	Year 9 and Senior school	\$350 per workshop/presentation	Tahlia Mandie 0412 580 990 tahlia@directionexploring.com.au www.directionexploring.com.au

AGENCY NAME: Family Life

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Parenting Teenagers Group	Feb 16 – March 30	Tuesdays, 7-9pm, weekly	Education and support group for parents of adolescents.	Parents or carers of adolescents	Gold coin donation per session	Kerryn 9782-7800

AGENCY NAME: Fusion

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Survivor Daytrip	Fusion Adventure Youth Daytrip	Monthly on Saturdays	12.30pm – 7pm Fun filled adventure packed day where you will work in teams to complete challenges throughout the day. Tea and transport included.	12-18 year olds	\$15	Mark on 0423 550 786
Rock Climbing Daytrip	Fusion Adventure Youth Daytrip	Monthly on Saturdays	11am- 7pm Come and challenge yourself with a day of indoor rock climbing. We'll also do a range of group activities through out the day. Lunch, Tea and activities included in price.	12-18 year olds	\$20	Mark on 0423 550 786

AGENCY NAME: MacKillop Family Services

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Bayside Youth Mentoring Program	Ongoing throughout the year	Weekly catch ups between mentor and mentee	<p><i>The Bayside Youth Mentoring (BYM) program is the product of a venture between MacKillop Family Services and the Bayside Churches and Community Action Network (BayNET) to provide a mentoring service for 'at risk' young people connected with the City of Bayside.</i></p> <p><i>The aim of the program is to prevent 'at risk' young people in the community from becoming 'high risk' by linking them to trained and accredited adult mentors.</i></p> <p><b>The BYM program can assist young people who are:</b></p> <ul style="list-style-type: none"> <li>• Aged 10-21 years of age</li> <li>• Reside within, or have links to City of Bayside (via employment, school, peer network, activities, family, community supports)</li> <li>• Are referred from families, friends, schools or community agencies</li> </ul> <p><b>Young people referred to the program may face the following issues:</b></p> <ul style="list-style-type: none"> <li>• Interpersonal conflicts or disruptions within their family or personal networks</li> <li>• Isolation from family, peers, school and/or community</li> <li>• Experimenting with alcohol or illicit drug</li> </ul>	Male/female 10-19 years for referral who have are "at risk"	Full payment or subsidization of activities available via the program	<p><i>Allan Snashall</i>  <i>Coordinator Bayside Youth Mentoring Programme</i>                      MacKillop Family Services                      St Vincent's Site                      237 Cecil Street, South                      Melbourne VIC 3205                      Telephone: 03 9699 9177; 0437 094 344; fax: 03 9696 6496                      Email:                      allan.snashall@mackillop.org.au</p>

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
			<p>taking</p> <ul style="list-style-type: none"> <li>• Emotional or behavioral issues</li> <li>• Limited social skills and low self esteem</li> <li>• Limited parental support through illness, distance or other issues</li> <li>• Bullying from peers</li> </ul> <p>By providing an 'at risk' young person with a suitable mentor, they have the opportunity to:</p> <ul style="list-style-type: none"> <li>• Develop a significant relationship with an adult who can offer support, advice and assistance</li> <li>• Develop links with recreation and other positive social activities</li> <li>• Strengthen and develop a positive self-esteem</li> <li>• Help manage the transition from adolescence into adulthood and</li> <li>• Experience a sense of belonging to individuals, family and the community</li> </ul> <p>A mentor is a volunteer from the community who:</p> <ul style="list-style-type: none"> <li>• Has undergone a police check and Working with Children check.</li> <li>• Has completed the required training program.</li> <li>• Has been successful in the interview and assessment process.</li> <li>• Is able to access support via the Bayside Youth Mentoring Program Coordinator.</li> </ul>			

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			<ul style="list-style-type: none"> <li>• Receives constant reviews during their role as a mentor.</li> <li>• Is committed to the program and the young person (One - four hours a week, for up to two years).</li> </ul> <p>A mentor is <b>NOT</b> a counsellor.                      Families of the young person and the mentor are not involved in the visits or activities.                      The role of a mentor is completely voluntary.                      There are limited reimbursements available.</p> <p>Referrals for young people can be made directly to the program coordinator. Young people must be aware of and agree to the referral.</p> <p>Enquiries for prospective mentors can be made direct to the program coordinator. An information pack and application form will be emailed or mailed out. INFORMATION NIGHTS for interested persons and MENTOR TRAINING are held on a regular basis.</p>			

AGENCY NAME: Monash Youth and Family Services

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
The Spot	On going	Tuesday 4 – 5.30pm	Youth group with activities, which include Martial Arts Therapy program, Movies, guest speakers, bbq and lots more fun. The group is held at the Clayton Community Centre, 9-15 Cooke St, Clayton.	For Youth who play, work or live in the Monash area and are aged between 14 – 18 years old	Free	Contact Monash Youth and Family Services on 9541 3130 and ask for Mick or Karen or check out our website on <a href="http://www.monashyouthstuff.org.au">www.monashyouthstuff.org.au</a> or <a href="http://www.myfs.org.au">www.myfs.org.au</a>

AGENCY NAME: Renate Hoffmann Counselling & Consultancy Youth & Family Counselling

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Renate Hoffmann Counselling & Consultancy - Youth and Family Counselling	Ongoing Sessions	Tues & Wed day-time and evenings at Lifestreams, Cheltenham; Thursday am's at the Bayside Children's Clinic, Highett	Individual, parental and family counselling and therapy provided by a Mental Health Accredited Social Worker and Family Therapist, utilizing a range of interventions including competency and systemic approaches & CBT.  Loss and grief, trauma, depression and anxiety, family relationships and self-esteem and building a strong sense of self are particular foci of my work with young people and those who care for them.	Young People and Families	\$95 full fee with Medicare Rebates available.  Also Discounts & Bulk Billing for young people who contact independently, or whose family are undergoing hardship	Renate on 9589- 0386, or 0408 177 083

AGENCY NAME: Youth Xpress

Program Name	Program Dates	Times Days Occurrence	Details	Target Group	Cost	Contact Details
Youth Connections	Jan– Dec 2011	Mon – Fri	Youth Connections will provide a safety net for young people who have disengaged or are at risk of disengaging from education, and will offer flexible case managed support and services that recognize the role that family and community play in a young person’s wellbeing and development.	13 – 19 year olds	Free	Youth Xpress 1800 609 889
Program 1 in Building and Construction	Monday Feb 8th 2010	5 days a week	6 week pre apprenticeship course with a view of moving into a apprenticeship.	15-21	Free	Youth Xpress 1800 609 889
Trade Taste Tester	Early 2010 TBC	5 days a week	6 week course with participants doing a trade a week. These include 2 in the building trades [bricklaying, tiling, plastering]. At the end of the course participants will be assessed on these trades and worked with to get a apprenticeship in these trades.	14-21	Free	Youth Xpress 1800 609 889