

HEALTH PROMOTION COMMITTEE



AGENDA

Date: Wednesday 25th February 2009
Time: 1.30pm – 3.00pm
Location: Room 2
 CBCHS Parkdale
Chair: Jackie Gleeson
Minute Taker: Deirdre Martinz

1.0 Attendance/Apologies

ATTENDEES	Y/N	ATTENDEES	Y/N
Jane Cheong SH		Sue Moulton CBCHS	
Lena Okin KCC		Peter Kalathas MRC	
Nik Nikolaeff JPET		Irene McHale RDNS	
Heather Geerts Reach Out SMH		Belinda Caurana BCC	
Jackie Gleeson BB BCC		Deb Hubbard DHS	
Joan Andrews BCC		Emma Bruce SH	
Shirlene Jayasundera (Danny Davies attending) MSPMHT		Allison Ridge KCC	
Wendy Anthony Sandringham Hospital		Andrea Wittick CBCHS	
Andrea Wittick CBCHS		Nicole Malina KCC	
Kirsty Brown KBPCP		Shona Callum AccessCare	

2.0 Minutes from the previous meetings held Wed 10th December 2008

3.0 Management Committee Report

4.0 Business arising from last meeting

5.0 09-12 Plan

6.0 DHS Update

7.0 Correspondence

8.0 Reports from Working Groups

8.1 Community Connectedness – update at meeting

8.2 Talking Realities Steering Committee

8.3 Future Focus for Young people homeless or at risk Working Group – in recess

8.4 Active for Life Committee

8.4.1 Falls

8.4.2 Strength Training Network – in recess

8.4.3 Tai Chi Network

8.4.4 Heart Foundation Walking Groups

8.4.5 Well for Life

8.5 Being Active Eating Well – attachment A

8.6 Community Participation

8.7 Chronic Disease

9.0 Other Business

9.1 Oral Health update

9.2 Problem Gambling update



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10.0 Agenda Items next meeting

11.0 Meeting closed

**12.0 Next meeting:
Wednesday 22nd April 2009
1.30pm – 3.00pm
Mtg Rm 2**



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Attachment A

Being Active Eating Well

- **Primary School** – Major discussion point was engagement of primary schools and planning for SPARK
- **Early Years** – Play Day Planning underway
 - Clayton Sth – 2 play days scheduled for 09
 - Bayside – Allison met with Maggie & AM
- **Social Marketing** – Displays in development. Drafts ready – Breakfast / snacks / sweet drinks
- **Healthy Living** – Event Sat 28 Feb
 - Health & Harmony Day celebration
 - Continuing planning for workshop
 - Series with Cook Island Community
- **Funded Projects:**
 - Tai Chi – no update
 - Playtime Buddies – in recess holidays
 - Busy Bodies – in recess holidays
 - Puppet Show – kit nearly ready – training resource being developed
 - Community Kitchen – no update
- **Evaluation** - Baseline data collection. Deakin / DHS want to revisit because of low consent. Meeting this week.
- **Project Plan** – under review – recommendations made to delete a few actions – accepted by Committee.

Attachment B

Talking Realities...young parenting peer education project

Report to KBPCP Health Promotion Meeting 25.02.09

The focus for the first half of 2009 will be directed very much toward securing ongoing funding, as without this Talking Realities will cease in June.

Future Funding:

- Terry and Andrea participated in a teleconference on 30th January with the chief adviser to Minister Jenny Macklin (FaCHSIA) Whilst very encouraging he could not promise ongoing funding, but felt we were well placed to be considered favourably in the next funding rounds. Applications open in next 2-3 months.
- Contact has been made with Maxine Morand's office and all local MPs and with Prof Roger Short at Melbourne University who is a powerful advocate for women's health and effective sexual health teaching in schools. Awaiting a response.
- To maintain the program in its existing form will require \$110,00 per annum

Program Evaluation-

- Our evaluator Dr Meg Montague submitted her final report in December. It has been circulated to Steering Committee members and the Management Committee for comment. It is envisaged the report will be accepted when the Management committee meet in March.

Steering Committee Membership:

- In December last year welcomed 2 new members to our steering committee Helen Watson (KCC M&CH Coordinator) and Lauren Ward (KCC Youth team). Our FaCHSIA representative is now Catherine Key.

Training program:

- At this stage (and pending ongoing funding) we are working toward running our 4th training program commencing in Term 3.
- Refresher training sessions are being offered monthly for the 15 trained peer educators (from 2007 and 2008 training programs) who continue to present in schools.

Publicity

- The Age- Tuesday 16th December- " Back to school with Baby"
- Kingston Your City- article published in Jan/Feb 2009 edition
- The Age- Friday 30th January- 'A Bond that goes beyond blood ties"

School Presentations:

- Each school which participated in the program in 2008 will be sent a summary of student numbers and responses. This provides an opportunity to



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- give feedback, promote the value of the program and reconnect with the schools early in the year. Plan is to follow-up by contacting teachers directly during February and March

Playgroup

- Meeting held with Kingston M&CH to discuss referral of young parents from the Young Mums Group to TR playgroup. Playgroup will continue to be offered weekly and it is anticipated M&CH will support the playgroup with a play therapist and M&CH Nurse each attending the group once a month.

Andrea Wittick
Project Coordinator
11.02.09



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